





# JAIRAMS ARTS & SCIENCE COLLEGE

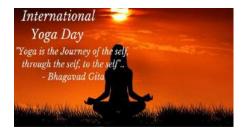
(Affiliated to Bharathidasan University, Tiruchirappalli)

NH-7, Karur- Madurai By-Pass Road, Aatamparapu, Kakkavadi (PO) *Karur- 639 003*.

Solicit your esteemed presence on the occasion of

#### "INTERNATIONAL YOGA DAY CELEBERATION" - 2021

# Yoga for well being



@ 10.00 am on Monday, 21-06-2021

Resource Person
YOGA KALANIDHI

**Ms. K. RANI**, M.Sc., Yoga., M.Com., B.Ed., DNYS., TTY., HWB(S)., Secretary, Karur District Yoga Development Association Affiliated to TamilNadu YogaSana Association

All are cordially invited

Management, Principal,
Staff & Students.







# JAIRAMS ARTS &SCIENCE COLLEGE,

(Affiliated to Bharathidasan University, Tiruchirappalli)
NH-7, Karur- Madurai By-Pass Road, Aatamparapu, Kakkavadi (PO)

\*\*Karur- 639 003.\*\*

### INTERNATIONAL YOGA DAY CELEBERATION

Venue: Dr. A. P. J. AbdulKalam Auditorium, Date: 21-06-2021, Time: 10.00 am

# PROGRAMME SCHEDULE

- Prayer Song
- Lighting Ceremony
- Welcome Address
- Memento Presentation
- Chairman Address
- Yogasanam demonstration
- Resource Person Address
- Vote of Thanks
- National Anthem